The Romanian Journal of Applied Psychology is published biannually (in June and December), in one volume per year by the Euroregional Centre for Applied Psychology (Timisoara, Romania) in cooperation with West University of Timisoara, Department of Psychology. The journal has a blind peer review policy. The Romanian Journal of Applied Psychology is member of the Committee on Publication Ethics (COPE).

The Romanian Journal of Applied Psychology (RJAP) is an Open Access peer-reviewed publication dedicated to the dissemination of research results and theory in all fields of psychology. Through its Open Access policy, the RJAP is committed to disseminate the published papers as widely as possible, so that the article is made freely available online on publication and the author may post a copy of the final typeset PDF on their personal website or institutional repository. There are no processing or acceptance fees that are requested for publishing in RJAP. The journal is devoted to the advancement of applied psychology. It publishes empirical, theoretical, methodological, and practice oriented articles covering topics relevant to various fields of applied psychology. Whereas particular consideration is given to empirical articles using quantitative methodology, the journal will publish the full range of articles including but not limited to empirical qualitative studies, short research reports, meta-analyses, methodological papers or literature reviews.

All submissions should be written in English, according to the American Psychological Association (APA) last edition standards. All charts and figures should be attached separately in a .ttf or in a .gif format. All manuscripts should have an abstract of maximum 150 words, as well as 5 to 7 keywords. There are no limitations regarding the length of a manuscript, however the authors are encouraged to submit manuscripts with less than 10,000 words. Additional details regarding past contributions are available at the following link: http://www.rjap.psihologietm.ro. Please send one copy of your manuscript via e-mail to: submission@rjap.psihologietm.ro.

Journal indexing: DOAJ, EBSCO Host, CrossRef, ERIH PLUS, PsycINFO, Scopus, Index Copernicus, Academic Journal Database, GESIS.

Cover: Lucian David
Table of contents

Mental Imagery, Optimism, and Self-efficacy: The Role of Imagery Perspective and Imagery Modality in Positive Cognition
Claudia A. Pop, Alexandru I. Tiba ................................................................. 35

Car use reduction: a matter of reasoned calculus, morality or habit? An integrative perspective
Alin Semenescu, Alin Gavreliuc ................................................................. 44

Factors associated with moderate to high nicotine dependence in a sample of pregnant women from Romania
Marina Denisa Dascăl, Cristian Ioan Meghea, Priyanka Dubey, Adriana Băban .................. 54

The role of resilience in the relationship between stressful life events and health in a Romanian sample
Alina Chiracu ...................................................................................... 61